



BIVOULAC

Travel Tips

You booked your flight, let Bivouac pack your bags!

Seasonal Outfitting

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You're at work, but your mind is elsewhere...

Pouring over brochures, skulking around the 'net for the best airfare, and even got the time off from The Man for a *paid* vacation. Your Perfect Adventure awaits - some remote, tiny corner of the world where Crackberries and faxes don't roam.

Eventually your iPod will give up the ghost.

Wait. How much will the airlines let you take? 1 piece? How big? Are. You. Kidding?

Traveling is fun, and so should your preparation. We have the experience and know how to get you geared up and out the door. Our staff have been to

pretty much every corner of the earth, and have gear experience, (good and bad,) to guide you to the best possible traveling outfit imaginable.

From the latest in luggage, to the finest wrinkle free fabrics, our selection of travel gear is unmatched. Whether you are climbing Kili, or swashbuckling the Sahara, today's gear is durable, lightweight, and great looking. We can make sure you're well dressed for the trails as well as for a night on the town!

So, slide into our site, pick your trip, and *let us outfit your adventure!*

Did you know...



Get the Insider's Travel Tips and Tricks from our Staff!

- It takes 4 hours on average to kill Cryptosporidium, Camphylobacter, and Giardia
- Water Filters do not handle viruses, water must be boiled or chemically treated
- Converter plugs are needed to use your American electronics



Skip the Samsonite . . .

Lighter weight, easier to pack, and much more comfortable to transport today's luggage borrows from the latest in backpacking technology. Better suspension for those turtle runs through Europe and your whole life is on your back. Tip-less wheels for when the dodge and dash through the airport becomes your daily commute.

Combining their high tech heavy load backpacks with the needs of travelers, Osprey designed the Waypoint Series of travel backpacks. Available in both a men's and women's specific fit, this travel pack has multiple carry options, a detachable daypack, and multiple internal straps to organize your life on the road. Using the same Ethereal suspension as their big brother Aether 60 pack, the Waypoint carries your burdens with ease.



OSPREY
Aether 60

Easy Rolls It . . .

A little gem called the Eagle Creek Tarmac 22. It's your Personal Porter. Wheels for easy transport, extendable handle, sized big enough for your traveling wardrobe, and fits in the overhead of the plane. The minute you land, you grab it and GO! No more lost luggage over in the opposite hemisphere from where you are.

The Tarmac comes in a 20", 22", the most popular carry on sizes.

We also have luggage by Patagonia, and The North Face. In all carry styles and sizes. Booked a ticket to Timbuk? We carry Timbuk2 as well. And our selection of carry on, lightweight totes and other carry alls is unrivaled.



EAGLE CREEK
Tarmac 22"

Safeguarding your Water Supply

Protozoans are Not Good Travel Buddies

Certain types of portable water filters can also remove some types of infectious agents from drinking water. However, most of the portable filters on the market do not effectively remove viruses, thus chemical disinfection of water is needed after filtering to make the water safer for consumption.

Some portable water filters are designed to remove parasites (Giardia/Cryptosporidium/Campylobacter) have an absolute pore size of 0.1 to 1 micrometer and therefore may remove most diarrhea causing bacteria. See the Division of Parasitic Diseases' 'Guide to Water Filters and Bottled Water' for more information. Viruses are smaller than 0.1 micron, and will NOT be removed by filters. To kill viruses that pass through filters, it is important to boil, or chemically treat the water before drinking it.



CASCADE DESIGNS/
MSR
HyperFlow Microfilter



Boiling Mad...

A rolling 10 minute boil will kill everything - viruses, bacteria, and those nasty little coccidian parasites and protozoans (Cyclospora, Toxoplasma, in addition to the above nasties.) Cloudy water should be strained through a clean cloth into a container to remove any sediment or floaties before boiling



Packing List

Customized to your itinerary, we can select the right gear for you to bring on your trip. Just tell us where you're going, for how long, and what activities you will be doing. Let our staff do the shopping for you. Don't quite like all our suggestions? No worries, we can add and subtract gear to your specifications.

*men's or women's specific

Peru?

Basics

- underwear (8)
- socks (8)
- lightweight synthetic tees (4)
- lightweight merino wool (4)
- synthetic/merino wool long johns (3)

Clothing-Active

- hiking pants (1-2, including 1 zip off)
- shorts (1)
- shirts (8, mixed long and short sleeved)

Clothing-Nightlife*

- travel pants (1-2)
- blazer (1)
- black dress (1)
- skort (2)

Argentina?

Outerwear

- gore tex shell (1)
- down sweater (1)
- gore tex gloves (1)

Insulation

- 100 weight fleece
- pullover (1)
- wool hat (1)
- glove liners (1)

Misc

- waterproof hat (1)
- sun hat w/wide brim (1)
- sunglasses (1)

Patagonia?

Footwear*

- semi dressy walking shoes (1)
- hiking boots (1)

Insulation

- 100 weight fleece
- pullover (1)
- wool hat (1)
- glove liners (1)

Meds

-basic needs, plus personal 'scripts 1-2 week supply past what normally is needed

Break Out of Your Routine

Closet full of Cotton? Silk Suits? Work ties looking like nooses? Push that work armor to the side, we got way better threads to wear where you're going! No one wants to bother with laundry when they're on holiday, so we carry the latest in synthetic Quick Dry Technology and odor resistant merino wool for those who want natural fibers next to their skin.

Ok. On your plate is jungle hiking, with a side of desert travels, and maybe getting a better altitude for dessert.

Traveling light is an art. Heavy, sweaty cotton is out, lightweight, quick dry fabrics are in. Below are some suggestions of what to pack according to various different activities, in all four seasons (of which you very well may be privy to in a single day!)

Got the Jungle Boogie?

A selection of featherweight underwear (Patagonia, Ex Officio) that can be washed quickly and dries in a couple hours (depending on humidity levels.) Underwear made with this high tech, synthetic fabric will also serve you well when you're doing laundry in the sink, tub, or rinsing in a stream! Now, for those that prefer natural fibers, merino wool (yes, wool in hot climates!) comes into play. Merino wool underwear (Icebreaker) and base layers are relatively quick drying and stink resistant. When laundry day is weeks or miles away, merino wool Icebreaker will ensure that your traveling companions don't leave you on some remote road. Designed to be worn for days, weeks and even months between washings, Icebreaker proves to be superior to resisting stink over synthetic fibers!

The North Face, Patagonia and Ex Officio are leaders in Quick Dry clothing. They offer a wide selection of pants, shorts, skirts, tees, tanks and shirts to suit every activity, and pack up so small that you can fit several outfits in a 22" carry on with no worries. Envisioning the Showdown at Wrinkle City? Today's lightweight nylon fabrics are wrinkle resistant, and simply hanging in a humid environment will put a cease to the creases.

Polyester is SO Not 70's

Most of today's quick dry materials are polyester woven with the latest technology - they look and feel like natural fibers. Some are a combination of synthetic and natural, and provide the comfort and feel of luxury without the hassle of upkeep.



PATAGONIA
Long Sleeve Sol Patrol



Pack Less and Get More

Bouncing between the jungle and the beach? Zip off pants will kill 2 outfits with one stone - pants for keeping ticks from running the Kentucky Derby up your legs, and shorts for when you want a little sun on your legs. Just zip off your pant legs, and voila! You now have shorts - just roll up your legs and tuck them in a pocket for when you need to zip them back on when the skeeters come knocking. Easy on and off. In fact, zip off pants are so versatile that you needn't even zip them off all the way - they can provide great venting by just opening the zips halfway! Ex Officio even has clothing pre treated with Permethrin, a tick and mosquito repellent, just so you have one less thing to worry about.



EX OFFICIO
Insect Shield Short



THE NORTH FACE
Paramount Convertible



THE NORTH FACE
W's Paramount Capri

Travel Doesn't have to Mean Wrinkles!

If you're staying in a hotel, unpacking and hanging your clothing in the bathroom will ease out any unwanted wrinkles - a quick shower for you provides enough steam to 'iron' away travel creases.

Have a little lunch mishap?

Dinner with the Dharma?

Going on some more civilized excursions? Passing for a classic chino pant, Patagonia offers several models of quick dry clothing. are much more lightweight and comfortable, pair them with a Merino Wool Polo shirt and you're ready for a night on the town. And if you end up wearing part of your dinner, a quick rinse in the sink and hang dry. Just a sampling of some of the advantages of today's high tech fabrics.

Last Minute Tips We Feel You Should Know...

Don't be Bugged

It's your party, you can make the bugs cry if you want to



To Deet or Not to Deet?

Use an insect repellent on exposed skin to repel moquitos, ticks, fleas (yes, fleas!) and other arthropods. EPA registered repellents include products containing DEET (N,N-diethylmetatoluamide) and Picaridin (KBR3023.) Deet concentrations of 30-50% are effective for several hours. Picaridin, available at 7% and 15% concentrations, needs more frequent applications.

Care in using DEET products include avoiding application to the neck/facial areas, and for contact wearers, avoid getting DEET on your hands, as it can contaminate plastics and cause eye injuries.

Getting Ticked Off?

Apply permethrin products to clothing, shoes, tents mosquito nets and other gear for greater protection. Permethrin products are NOT applied to skin. Most repellent is generally removed from clothing and gear by a single washing, but Permethrin treated clothing is effective for approximately 5 washings. Commercially sold pretreated Permethrin products have a life span of up to 20 washings!

DEET is Neat

But like any chemical bug dope, you'll want to use sparingly. A little goes a long way, and treat exposed skin - no need to shower in it. Concentrations over 50% can melt plastics, and use surgical gloves to apply if you wear contacts!

Keep in your pocket/bag, and stave off the possibility of insect borne illnesses. Malaria postcards are never fun to send!

Converters

What Devices?

Laptop? Curling Iron? iPod, iPhone, MP3 Players? Hair Dryer? You will need to determine what your appliance runs off of, and whether you need a full on converter or simply an adapter plug. This process can be very confusing to figure out, and websites are not often updated with timely information. Let the Bivouac help you get plugged in abroad!

5 Piece Adaptor Sets

Ungrounded adaptor plugs for 2 pinned appliances - hair dryers, phones chargers, etc.

Dual or Multi Voltage Appliances

Dual and Multi Voltage appliances are able to run off both 110 and 220 volts of electricity, you will not need a voltage converter, only an adaptor plug



Need Help Getting Packed? Call or Email Bivouac Before Your Next Trip!

Researching a trip is fun. Booking your flight is exciting. Buying gear should be fun, but if you're not sure about what to take, there's your buzz kill. Where to start?

You've never been to these places before! You can look on the internet, but sheesh, there's so many conflicting information. Who do you believe?

Our staff has the training and experience you'll need to outfit whatever trip you have planned! We will personalize your journey with the gear you need to have the best trip possible! Scouts honor.

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